

# AMRIT RAJ KAUR

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Waterdown, ON

## PROFESSIONAL SUMMARY

Organized and efficient professional with extensive experience in healthcare settings, adept at providing emotional support and nursing care to diverse patient populations. Proven ability to collaborate effectively in team environments and adapt to various tasks. Seeking to leverage skills and experience in a Nursing role to support patient care and enhance team performance.

## SKILLS

Effective communication

Teamwork and collaboration

Decision-making

Adaptability and dependability

Organized and efficient

Team collaboration

Community engagement

Positive attitude

Computer skills

## EXPERIENCE

### NURSING STUDENT (CLINICAL PLACEMENTS), Toronto, ON

Humber River Hospital, September 2022–December 2022

- Assessed patient's health, recorded clinical complaints and health history.
- Obtained and recorded vital signs.
- Assisted patients with activities of daily living such as bathing, feeding etc.
- Learned the function and operation of stethoscope, nebulizer, and hot and cold packs.
- Worked under direct supervision of RN to provide bedside care, treatments, and clinical documentation for patient.
- Performed detailed patient assessments, including vital sign measurements and medication administration.
- Utilized critical thinking skills to quickly assess patient needs and provide appropriate interventions when necessary.
- Demonstrated proficiency in administering medications safely and accurately according to established protocols.
- Collaborated with healthcare professionals to provide patient-centered care.
- Followed infection control procedures to prevent or stop spread of infections.
- Used computers to complete necessary patient charts and documentation on patients' progress.

### VOLUNTEER, Vancouver, BC

St. Vincent Brock Fahrni's Long Term Care, May 2016–September 2016

- Cheered and greeted residents to boost the routine.
- Brought residents from their rooms to the activity area.
- Organized and arranged activity area for exercise.
- Assisted residents with their exercise routines.

## **NURSING STUDENT, Jalandhar**

Civil Hospital Jalandhar, January 2006–September 2010

- Worked under direct supervision of RN to provide bedside care, treatments, and clinical documentation for patient.
- Performed detailed patient assessments, including vital sign measurements and medication administration.
- Utilized critical thinking skills to quickly assess patient needs and provide appropriate interventions when necessary.

## **NURSING STUDENT, Chandigarh**

Government Multispecialty Hospital, January 2009–September 2010

- Assessed prenatal mothers recorded their vital signs and maintained intake output charts.
- Assisted staff in the labor room and provided emotional support to mothers.
- Provided nursing care to postpartum mothers under supervision.

## **NURSING STUDENT, Jalandhar**

Tagore Hospital and Heart care center, January 2008–September 2008

- Read and interpreted cardiac monitors and pulse oximeter.
- Assisted Registered nurses with the care of critically ill patients.
- Learned the functions of cardiac monitor, glucometer, and defibrillators.

## **EDUCATION**

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### **ACADEMIC PATHWAY FOR INTERNATIONALLY EDUCATED NURSES, Toronto**

George Brown College, December 2022

### **PALLIATIVE CARE- MULTIDISCIPLINE, Welland, ON**

Niagara College, March 2012

### **BACHELOR OF SCIENCE IN NURSING, Jalandhar**

Lala Lajpat Rai Institute of Nursing, September 2010

## **PROFESSIONAL DEVELOPMENT**

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- Basic Life Support certification, 11/01/24, Heart and Stroke Foundation, Hamilton, ON
- Nursing Student (Clinical Placements), Humber River Hospital, Toronto, ON, 09/01/22, 12/05/22

## **CERTIFICATIONS**

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- Registered nurse
- BCLS (Heart and Stroke Foundation)

## **REFERENCES**

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References available upon request

## LANGUAGES

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- **Punjabi**

Native

- **Hindi**

Fluent

- **English**

Advanced

- **Urdu**

Conversational