

Sarath Sudesan Rucy

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Objective

Passionate Developmental Services Worker dedicated to empowering individuals with developmental disabilities. Skilled in providing respectful support, promoting life skills, and enhancing social inclusion in diverse community settings.

Experience

- **Extencare Countryside** March - Onwards
Activity Aide
 - Assisted with daily living activities, promoting dignity, independence, and quality of life.
 - Supported recreational activities and social engagement programs.
 - Conduct programs
 - Charting
- **Sudbury Developmental Service** 17/10/2025 - 11/12/2025
 - Assisted clients with meals and safe feeding
 - Supported daily program and recreational activities
 - Helped clients with mobility and participation
 - Communicated respectfully with clients and staff
 - Maintained a positive and safe environment
- **Karis Disability Service** January - March 27
 - Assisted clients with personal care, including bathing, grooming, and dressing.
 - Supported individuals in developing daily living skills such as cooking, cleaning, and budgeting.
 - Encouraged clients to participate in community activities and social events.
 - Monitored and reported changes in clients' physical or emotional condition to supervisors.
 - Followed individual care plans and behavior support plans to meet clients' needs.
 - Ensured clients' safety and well-being at all times.
 - Assisted with medication reminders according to organizational policies.
 - Helped clients with meal preparation and household tasks.

Education

- **Cambrian college** September 2024 onwards
Developmental service worker

Skills

- Strong communication and active listening skills
- Compassionate and person-centered support
- Positive behavior management techniques
- Personal care assistance (feeding, hygiene, mobility)

Interests

- Supporting mental health and emotional well-being Supporting .
- Supporting Advocacy for accessibility and human rights
- Participating in recreational and social activities with individuals
- Volunteering in community events and special needs programs

Additional Information

- Access to a reliable vehicle
- Valid Ontario G driving license
- Willing to travel for work and community outings

Availability

- Monday - full time
- Tuesday- full time
- Wednesday - full time
- Thursday - full time
- Friday - full time
- Saturday - full time
- Sunday - full time

Certificates

- TB vaccination and all other vaccinations are done
- First Aid and CPR Certificates
- Food handling Certificates
- Worker Health & Safety Awareness in 4 Steps
- WHMIS
- Ontario Human Rights Code & AODA
- Workplace Violence and Harassment Prevention