

ESEOGHENE DABOR

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PROFESSIONAL SUMMARY

Compassionate and dedicated Practical Nursing graduate with extensive healthcare experience in acute care hospitals, medical-surgical units, elderly care, disability support, and mental health settings. Proven ability to deliver patient-centered care while maintaining strict adherence to health and safety protocols. Skilled in medication administration, vital signs monitoring, wound care, and comprehensive patient assessment. Committed to providing dignified, empathetic care while collaborating effectively with interdisciplinary healthcare teams.

CORE COMPETENCIES

Clinical Skills

- Patient Assessment & Vital Signs Monitoring
- Medication Administration & Documentation
- Wound Care & Infection Control
- Activities of Daily Living (ADL) Assistance
- Mobility Support & Fall Prevention
- Electronic Health Records (EHR)

Specialized Care

- Geriatric & Long-Term Care
- Disability Support & Rehabilitation
- Mental Health & Addiction Support
- Palliative & End-of-Life Care
- Crisis Intervention & Emergency Response

Professional Skills

- Patient-Centered Care Planning
- Interdisciplinary Team Collaboration
- Health & Safety Compliance
- Time Management & Prioritization
- Patient & Family Education

EDUCATION

Associate in Science (A.S.) in Practical Nursing Program – Durham College, Oshawa, ON

Graduated: December 2025

Diploma in Mental Health Addiction – CLI College, Ontario

Completed: October 2024

Diploma in Development Social Work – CLI College, Ontario

Completed: November 2019

CLINICAL EXPERIENCE

Practical Nurse

September 2025 – December 2025

Humber River Reactivation Care Centre (RCC), Toronto, ON

- Provided comprehensive nursing care to adult patients in a hospital-based reactivation and general medicine setting
- Conducted thorough patient assessments including vital signs monitoring, pain assessment, mobility evaluation, and symptom management
- Administered prescribed medications safely and monitored patients for therapeutic effectiveness and adverse reactions
- Assisted patients with activities of daily living, mobility support, and implementation of fall prevention strategies
- Supported patient recovery and functional independence as part of the reactivation care process
- Maintained accurate and timely documentation of nursing assessments, interventions, and patient responses in electronic health records
- Communicated changes in patient condition promptly to registered nurses and the interdisciplinary healthcare team
- Collaborated with physicians, physiotherapists, occupational therapists, and nursing staff to support individualized care plans

Practical Nurse

April 2025 – June 2025

Lakeridge Hospital – Oshawa Site, Oshawa, ON

- Provided nursing care to diverse patient populations in medical and surgical units
- Monitored and recorded vital signs, intake and output, blood glucose levels, and other clinical measurements
- Assisted patients with activities of daily living including bathing, feeding, toileting, and ambulation
- Administered medications via multiple routes and documented administration in medication administration records
- Performed wound care including dressing changes, assessment of wound healing, and documentation of wound status
- Operated medical equipment including IV pumps, patient monitoring systems, and oxygen delivery devices
- Communicated patient status changes and concerns to registered nurses and healthcare team members
- Maintained clean and safe patient environments in accordance with infection prevention and control standards

Practical Nurse

December 2024 – February 2025

Lakeridge Hospital – Ajax Site, Ajax, ON

- Delivered direct patient care across multiple medical-surgical units in an acute care hospital setting
- Performed comprehensive head-to-toe assessments and monitored patient conditions for changes requiring intervention
- Administered oral, intramuscular, subcutaneous, and intravenous medications in accordance with medication administration protocols
- Assisted physicians with clinical procedures including wound care, catheter insertion, and specimen collection
- Documented patient care activities, assessments, and outcomes accurately in electronic medical records systems
- Responded to emergency situations including code blue events and rapid response calls
- Coordinated patient discharges including patient education, prescription review, and follow-up appointment scheduling
- Collaborated with registered nurses, physicians, and allied health professionals to ensure continuity of care

ADDITIONAL EXPERIENCE

Disability Support Worker

March 2022 – January 2024

Age Care of Aurora, Aurora, ON

- Provided individualized care and support to clients with physical, mental, and emotional disabilities
- Assisted clients with activities of daily living and monitored health status for changes requiring intervention
- Maintained accurate documentation of client progress and care interventions
- Collaborated with families and healthcare providers to coordinate comprehensive care plans

Development Social Worker

January 2021 – March 2022

Senior Home Care Service – Elderly Assisted Living, Toronto, ON

- Delivered direct care and support to elderly residents with complex health and social needs
- Conducted comprehensive assessments and maintained detailed clinical documentation
- Coordinated with healthcare providers and community agencies to secure resources and support services

CERTIFICATIONS & LICENSES

- Practical Nursing License (Pending – Expected 2026)
- CPR & First Aid Certification
- WHMIS Training

REFERENCES

Available upon request