

Parneet Kaur Dhaliwal

Registered Practical Nurse

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Summary

Registered Practical Nurse with hands-on clinical experience in **long-term care, rehabilitation, and acute care settings**. Skilled in medication administration, wound care, infection prevention, vital signs monitoring, and patient-centered documentation. Proven ability to support ADLs, manage complex patient needs, and communicate effectively with cognitively impaired and palliative patients. Committed to delivering safe, compassionate, and evidence-based nursing care in fast-paced healthcare environments.

Certifications & Training

- **Registered Practical Nurse (RPN)** – College of Nurses of Ontario, **CNO Registration number: BF216773**
 - Registered Member, WeRPN
 - BLS, Standard First Aid & CPR/AED Level C
 - Medication Reconciliation Certification
 - Gentle Persuasive Approaches (GPA) Certification
 - Living Works Start (TASC Suicide Awareness) Certification
 - Sickle Cell Disease Symposium – Participation Certificate (Humber College)
 - Police Background Check – Cleared
 - Immunization & TB Test – Up to date/Negative
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Skills and Competencies

Clinical Skills

- Wound care and sterile/clean dressing changes
- Ostomy care
- Tracheostomy and airway care
- G-tube feeding and nutritional support
- Urinary catheterization and care

Patient Care & Assessment

- Comprehensive head-to-toe patient assessments
- Vital signs, blood glucose monitoring, insulin administration
- Medication administration and therapeutic effect monitoring
- Cognitive and neurological care (dementia, delirium, Parkinson's disease)
- Palliative and end-of-life care support

Professional Practice

- Infection Prevention and Control (IPAC)
 - Electronic Medical Records (EMR) documentation
 - Therapeutic communication
 - Care planning and interdisciplinary collaboration
 - Time management and prioritization
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Clinical Experience

Practical Nursing Student (Clinical Placement)

Jan 2026 – Apr 2026

Sienna Senior Living (Tullamore)

Brampton, ON

- Monitored and documented vital signs, promptly reporting changes in resident condition
 - Provided wound care and dressing changes with infection monitoring
 - Delivered personal care while promoting dignity, independence, and quality of life
 - Applied IPAC standards including PPE use and environmental safety
 - Collaborated with interdisciplinary team during rounds and handovers
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Practical Nursing Student (Clinical Placement)

Sept 2025 – Dec 2025

Brampton Civic Hospital (Gen-Med Unit)

Brampton, ON

- Provided care to acute and medically complex patients in a fast-paced hospital setting
 - Performed comprehensive assessments including neurological checks and blood glucose monitoring
 - Administered medications and monitored therapeutic and adverse effects
 - Supported mobility, hygiene, and comfort care to enhance patient safety and recovery
 - Maintained wound care and dressing assessments with ongoing evaluation
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Practical Nursing Student (Clinical Placement)

Jan 2025 – Apr 2025

Runnymede Healthcare Centre

Toronto, ON

- Delivered care in complex continuing care and rehabilitation setting
 - Assisted with G-tube feeding, medication administration, and nutritional support
 - Participated in tracheostomy and respiratory care to maintain airway safety
 - Monitored vital signs, intake/output, and patient status changes
 - Collaborated with interdisciplinary team in individualized care planning
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Volunteer – Guest Services Assistant

Oct 2024 – Nov 2024

Habitat for Humanity

Brampton, ON

- Provided respectful, client-centered support to diverse community members
 - Assisted with organizing, stocking, and maintaining a safe, accessible environment
 - Collaborated effectively in a fast-paced team setting
 - Applied safe lifting and workplace safety practices
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Education

Diploma in Practical Nursing
Humber College

Sept 2024 – April 2026
Etobicoke, ON

Relevant coursework: Anatomy and Physiology, Pharmacology, Pathophysiology, Health Assessment, Mental Health Nursing, Community Health.

Completed clinical training in acute care, long-term care, and high-fidelity simulation labs.

Relevant Clinical Areas: Acute Medicine, Complex Continuing Care, Rehabilitation, Long-Term Care, Geriatric Nursing

Dean's Honour List Recipient (Jan 2025).

Availability

- Full-time availability; flexible for days, evenings, nights, and weekends
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