

Kena Patel

Kenapatel152@gmail.com | (647) 594-0989 | Woodbridge, ON | linkedin.com/in/kenapatel20

SUMMARY

Patient-centred care professional and internationally trained nurse pursuing a Registered Nurse (RN) path, with clinical care experience across hospital and long-term care settings. Brings hands-on experience with medications, intravenous therapy, clinical condition reporting, documentation, and coordinated care across multiple units, supported by Health Care Provider CPR and Microsoft Office skills.

EXPERIENCE

Personal Support Worker

September 2023 - Present

Mon Sheong Home for the Aged (Supreme Pro staffing)

- Delivered activities of daily living support, including feeding, bathing, dressing, toileting, and grooming, to maintain resident comfort, safety, and dignity.
- Supported transfers and mobility needs during daily care routines to promote safe movement and resident comfort.
- Monitored residents through daily health observations and reported physical or behavioral changes to support timely nursing assessments and interventions.
- Provided companionship and emotional support to promote well-being, dignity, and quality of life.
- Transported and accompanied residents as needed to support safe movement within the care setting.

Staff nurse

February 2022 - May 2023

Trisha maternity and nursing home

- Provided daily patient care, including feeding, bathing, dressing, and transfers, to support comfort, mobility, and safe clinical care.
- Supported normal labour and Caesarian section procedures in a maternity setting to promote safe patient care.
- Delivered companionship and emotional support to address patient well-being and comfort needs.
- Facilitated recreational activities to support patient engagement and quality of life.
- Scheduled daily appointments and maintained patient routines based on individual care needs.
- Followed health and safety regulations in a 17-bed private medical hospital to support compliant clinical services.

Nurse Trainee

October 2017 - Jan 2022

Rajasthan Hospital

- Delivered direct patient care for 20 to 25 patients within a single unit to support comfort, safety, and continuity of care.
- Performed intravenous therapy, including IV insertion, flow regulation, and infiltration assessment, to support safe medication delivery.
- Administered medications through IV, oral, topical, eye, ear, inhalant, and suppository routes within clinical care processes.
- Transported and accompanied patients to support safe movement and emergency response needs.
- Recorded and reported changes in clinical and behavioral condition to support timely nursing interventions and care decisions.
- Maintained nursing and patient records and completed unit documentation to support accurate reporting, continuity of care, and patient confidentiality.
- Managed receipt and storage of nursing supplies and equipment, organizing stock rooms to support efficient access and unit readiness.
- Interpreted cardiac monitor readings, ECGs, and lab results to support timely clinical communication and care for critically ill patients.
- Coordinated care with cardiac, ophthalmology, gynecology, and psychiatry teams across hospital units to support continuity of care and interprofessional communication.

SKILLS

Clinical Care: Medication administration, Intravenous therapy, IV insertion, Flow regulation, Infiltration assessment, Clinical condition reporting, Nursing documentation

Patient Support: Activities of daily living assistance, Feeding, Bathing, Dressing, Toileting, Transfers, Mobility support, Patient transport, Companionship

Monitoring & Safety: Daily health observations, Vital signs monitoring, Emergency response support, Patient confidentiality, Health and safety compliance, Sanitization procedures

Operations & Tools: Supply and equipment storage, Inventory organization, Appointment scheduling, Microsoft Office,

EDUCATION

Conestoga College

Transition to Nursing Practice

May 2025 - August 2025

Vina Singhi College of Nursing

Bachelor of Science in Nursing

October 2017 - January 2022

CERTIFICATIONS & LICENSURE

- Registered Nurse (RN) - College of Nurses of Ontario
- NCLEX-RN Passed
- Basic Cardiac Life Support (BCLS - Level C) - Red Cross, Toronto, ON
- First Aid, CPR Level C, and AED - Red Cross, Toronto, ON
- BLS Training Certificate - Red Cross, Toronto, ON
- Midwifery and Obstetrical Nursing - Gujarat Nursing Council