

Keval Navapariya

548-333-9003

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Compassionate and dedicated Personal Support Worker (PSW) committed to providing high-quality care and support to clients in home, community, and long-term care settings. Eager to apply strong interpersonal skills, a caring attitude, and a solid understanding of personal care principles gained through PSW training. Skilled in assisting with daily living activities, promoting client safety, and supporting dignity and independence. Known for being reliable, patient, and respectful, with a strong desire to learn and grow within a healthcare team.

Education

- **Graduate diploma in Personal Support Worker Elite Royal International career college, Ontario** Oct 2025 – May 2026
- **Post graduation diploma Applied Energy Management in Renewable Energy from Conestoga College, Ontario** (Sep 2023-Dec 2024)
- **Bachelor of Science from Sardar Patel University, India** (March 2015-April 2018)

Professional Experience

Extendicare Stirling Heights (May 2026 - Present)

Personal Support Worker Casually

- Provided high-quality, compassionate care to clients in long-term care facilities, retirement homes, and private residences, ensuring their physical, emotional, and social needs were met.
- Assisted clients with activities of daily living (ADLs), including bathing, grooming, dressing, toileting, feeding, and mobility support.
- Supported clients with instrumental activities of daily living (IADLs) such as medication reminders, light housekeeping, and meal preparation.
- Promoted client dignity, independence, and comfort by following individualized care plans and practicing person-centered care.
- Used safe body mechanics and transfer techniques, including operating wheelchairs, walkers, and mechanical lifts.

Extendicare Stirling Heights (Placement: March 2026 – May 2026)

Personal Support Worker (Student Placement)

- Worked under the guidance of an experienced preceptor in a long-term care setting.
- Assisted residents with daily living activities including bathing, dressing, grooming, feeding, and mobility support.
- Provided compassionate and respectful care while promoting residents' comfort, dignity, and independence.
- Supported safe transfers and mobility using proper body mechanics and mobility equipment.
- Gained hands-on experience in person-centered care, communication, teamwork, and infection prevention practices.

TOY R'US (3507) KITCHENER, ON (Sep 2023 – Oct 2025)

Assistant store merchandiser

- Prepare bills/ goods receipt of incoming products from customers at the Point of sales.
- We are operating a cash register by scanning items across an electronic scanner to customers' purchases, taxes, and rebates on the monitor screen.
- Maintain stock, handled inventory, morning pickup orders, truck bay work, and Floor Merchandiser with customer service.
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Covid volunteer in India (Jan 2021 - Dec 2022)

- Volunteered during the COVID pandemic, assisting vulnerable individuals in community.
- Distributing protective equipment, food packets, medication, essential ration.
- Assisting community health workers in distributing, organizing, and ensuring sanitizers, and masks.

Additional qualifications

- Physical ability to meet the demands of the job, including the ability to stand, bend, walk, crouch, kneel, and reach freely for extended periods.
- Demonstrated ability to provide exceptional personal care and customer service, ensuring the comfort and well-being of clients.
- Possess Valid Standard First Aid and Level C CPR certifications. -Completed Valid Vulnerable Sector Criminal Check.
- Updated immunization record including a recent TB Test (within the last 6 months). - Proficient in verbal and written English communication skills, with additional language skills considered an asset.

Skills

- Excellent communication skills.
- Emergency care.
- Strong problem-solving and critical-thinking skills.
- Patient safety.
- Able to maintain patient confidentiality.
- Well-developed time.
- Teamwork Management skills.

Availability

Full Time/Part Time

Monday to Sunday available at any shifts as well on Public Holidays: Morning, evening & night shifts.

References

Available on Request