

KAMALJEET RANU, RN

Georgetown, ON | 647-574-5623 | ranukamal89@gmail.com

Registered Nurse – College of Nurses of Ontario (Active, Good Standing)

PROFESSIONAL SUMMARY

Registered Nurse with 5+ years of experience in correctional, acute, and long-term care settings with strong focus on acute mental health, crisis intervention, and high-risk populations. Skilled in suicide risk assessment, de-escalation, and therapeutic communication. Knowledgeable in Ontario Mental Health Act and psychopharmacology. Committed to recovery-oriented, patient-centered care.

CORE COMPETENCIES

- Mental Health Assessment & Mental Status Examination (MSE)
- Crisis Intervention & De-escalation
- Suicide Risk Assessment & Safety Monitoring
- Therapeutic Communication & Alliance Building
- Psychopharmacology & Medication Monitoring
- Case Management & Care Planning
- Ontario Mental Health Act Knowledge
- Interdisciplinary Collaboration
- Patient & Family Education
- Trauma-Informed Care

PROFESSIONAL EXPERIENCE

Registered Nurse – Correctional Health (Alivia Medical Inc., ON | 2025–Present)

- Conduct comprehensive mental health assessments including suicide risk and behavioural evaluation
- Manage high-risk psychiatric patients using crisis intervention and de-escalation
- Build therapeutic nurse-client relationships in secure environments
- Administer and monitor psychotropic medications
- Respond to psychiatric emergencies including overdose, withdrawal, and self-harm
- Collaborate with multidisciplinary teams for care planning

Registered Nurse – Acute Care (India | 2023)

- Provided care to patients with acute and co-morbid mental health conditions
- Supported emergency response and rapid interventions
- Managed behavioural and cognitive changes

ADDITIONAL CLINICAL EXPERIENCE

- School Health Nursing – youth with behavioural and developmental needs
- Long-Term Care – dementia, responsive behaviours, and mental health symptoms
- Applied Gentle Persuasive Approach (GPA) for behaviour management

EDUCATION

Humber College – Nursing Refresher Program

Diploma in Nursing – India

REGISTRATION & CERTIFICATIONS

- Registered Nurse (RN) – College of Nurses of Ontario
- CPR / First Aid (Current)
- IV Administration Certification
- Gentle Persuasive Approach (GPA)
- CNA Psychiatric Mental Health Nursing – Willing to Obtain
- Non-Violent Crisis Intervention (NVCI) – Willing to Complete

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Dear Hiring Manager,

I am writing to express my interest in the Registered Nurse position within your adult inpatient mental health unit. I bring over five years of diverse clinical experience including correctional health, acute care, and community nursing, with strong exposure to patients experiencing acute mental health and substance use challenges.

In my current role, I conduct mental health assessments, manage crisis situations using de-escalation techniques, and support individuals experiencing high-risk psychiatric conditions including suicidal ideation and behavioural disturbances. I am committed to building therapeutic relationships and delivering recovery-oriented, patient-centered care aligned with the Ontario Mental Health Act and best practice standards.

I am particularly drawn to this role's focus on multidisciplinary collaboration, case management, and therapeutic interventions. I am confident in my ability to contribute positively while continuing to grow my expertise in psychiatric mental health nursing.

Thank you for your time and consideration. I look forward to the opportunity to contribute to your team.

Sincerely,
Kamaljeet Ranu, RN