

Nadia Nicole Minott, RN, BScN

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Objective

Compassionate and detail-oriented nursing professional seeking a Registered Nurse position to provide safe, evidence-based, and patient-centered care while continuing to develop clinical expertise.

Profile

- CNO General Class registration
- Clinical experience: medical-surgical, geriatric mental health, reactivation, and community health
- Current BCLS certification
- Skilled in patient assessment, care planning, medication administration, therapeutic communication, patient mobility and fall prevention.
- Experienced with diverse populations including psychiatric and behavioral clients.
- Proficient in Epic, Meditech, and I-Care EMR systems.
- Strong adaptability, critical thinking, and teamwork skills.
- Over nine years of leadership experience with proven strengths in problem-solving, staff development, and organizational management.

Clinical Placement Experience

- **Peel Family Shelter** – Nurse-Led Clinic (Student Lead) | Sept – Dec 2024
- **Mississauga Hospital** – Medicine Unit (6J) | Jan – Aug 2024
- **Centre for Addiction and Mental Health (CAMH)** – Geriatric Mental Health (GAUB) | Sept – Dec 2023
- **Community Placement – Dixie/Bloor EarlyOn Centre** | May – Aug 2023
- **Humber River Hospital** – Reactivation Care Centre | Jan – Apr 2023

Key Responsibilities

- Delivered patient care for acute and chronic conditions; managed caseload of up to 4 patients per shift.
- Administered medications (PO, SC, IM, MDI, Nebulizer) and procedures including wound care, IV therapy, catheterization, G-tube feeding, PICC line care, ADLs, infection control techniques, head to toe assessments.
- Prioritized care based on acuity and ensured accurate documentation.
- Supported seniors with psychiatric and medical conditions.
- Performed mental status examinations and vitals
- Built therapeutic relationships with patients and families
- Contributed to individualized care planning within the interprofessional team.
- Provided nursing care for non-acute patients transitioning to home or alternate care.
- Conducted focused assessments within community setting and coordinated referrals to providers.
- Planned, advertised, led and executed health promotion fairs on a weekly basis.

- Collaborated with staff and community partners to improve access to resources.
- Advocated for health equity and culturally sensitive care.
- Promoted early childhood health and physical literacy (ages 0–6).
- Conducted community resource mapping and created educational content.
- Engaged stakeholders to strengthen community health capacity.

Professional Experience

Community Living Oakville – Direct Support Professional | 2022 – Present

- Supported adults with developmental and intellectual disabilities, and mental health disorders.
- Ensured each client received high quality support based on their Individual Support Plan.
- Delivered person-centered care, ADL support, and behavioral de-escalation.
- Promoted independence, ensured safety, documented progress, and communicated with supervisors.

Jamaica Anti-Doping Commission – Director, Technical Services | 2013 – 2022

- Directed national regulatory operations, testing programs, and compliance initiatives.
- Oversaw hearings, appeals, and policy implementation.
- Led recruitment, training, and performance evaluation for staff.
- Strengthened organizational efficiency and stakeholder collaboration.

Education

- **Bachelor of Science in Nursing (BScN)** – Humber College, ON 2022-2024
- **Master of Business Administration (MBA)** – Nova Southeastern University, FL
- **Bachelor of Science (BSc)** – University of the West Indies, Jamaica

Certifications

- Standard First Aid Certificate
- CPR/AED Certificate
- Vulnerable Sector Police Check
- Crisis Intervention Training
- WHO Global School on Refugee & Migrant Health (2022)
- Fundamentals of Domestic Violence and Abuse Nursing Toward Equity

References

Available upon request