

Ramandeep Kaur

Address: 5485 Ferry Street

Niagara Falls, Onario, L2G1S3

+1 4375563563

ramandeepkaurlambda4@gmail.com

Subject: Application for Personal Support Worker Position

Dear Hiring Manager,

I am writing to apply for the Personal Support Worker (PSW) position with your organization.

I am a caring and dependable individual who is committed to providing respectful and compassionate support to clients. I have experience assisting with personal care, mobility, meal preparation, medication reminders, and companionship. I understand the importance of treating every client with dignity and patience while ensuring their safety and comfort.

I work well both independently and as part of a team, and I always maintain professionalism in my duties. I am eager to contribute positively to your organization and support clients in the best way possible.

Please find my resume and supporting documents attached. I would appreciate the opportunity to discuss my application further.

Thank you for your time and consideration.

Your Sincerely,

Ramandeep Kaur

Ramandeep Kaur

Contact no: +1(437)556-3563

Gmail id: Ramandeepkaurlambda4@gmail.com

Address: 5485 Ferry Street, Niagara Falls

Professional Summary

Dynamic and compassionate Personal Support Worker with diverse skill and hands-on experience in healthcare settings. Ability to perform the duties of the position assigned by the management and charge nurse with good work record. Skilled in fostering positive relationships, promoting independence, emotional support, personal hygiene assistance and enhancing overall quality of life while following best practices in health and safety.

Core Skills

Personal care & hygiene support (bathing, dressing, grooming), Emotional support & companionship, Safe lift and transfer techniques, Feeding and mobility assistance, Infection prevention and control (IPAC), Medication reminders (non-clinical), Time management & documentation, Cultural sensitivity & patient advocacy

Work Experience

Bella Creek, Chippawa, Ontario, Canada (Clinical Placement) Sep 2025-Oct 2025

- Assisted elderly clients with their activities of daily living, including personal hygiene, grooming, and mobility.
- Provided companionship by engaging clients in meaningful conversations and activities.
- Monitored and documented changes in clients' condition for healthcare professionals and family.
- Maintained a safe, clean environment through light housekeeping.
- Responded professionally and calmly during emergencies.
- Trained in safe lift and transfer techniques.

United Mennonite Home, Vineland, Ontario, Canada (Consolidation Placement) Nov 2025- Dec 2025

- Provides safe and person-centred care for residents with diverse needs.
- Communicates effectively with clients, families, and healthcare teams.
- Observes and reports changes in residents' conditions accurately.
- Maintains infection control and safety standards at all times.
- Supports residents' independence and emotional well-being.
- Demonstrates professionalism, empathy, and teamwork in all care activities.

Education

Personal Support Worker Program, Niagara College, Welland, ON

Graduation: 2025

Commercial Beekeeping, Niagara College, Niagara-on-the-Lake campus, ON

Graduated: 2024

Bachelor of Science – Agriculture, Punjabi University Patiala, Punjab, India,

Graduated: 2021

Certifications

Standard First Aid & CPR – 2025

Food Safety – 2025

WHMIS – 2025

IPAC: Health Provider Controls and Chain of Transmission – 2025

F25 Mask Fit – 2025

Accessibility for Ontarians with Disabilities Act (AODA) – 2025

Worker Health and Safety Awareness – 2025

Building Relationships (CLRI) – 2025

Lift and Transfer Techniques (CLRI) – 2025

Assist with Feeding (CLRI) – 2025

Personal Care Training (CLRI) – 2025

Caring for People with Dementia-2025

Gentle Persuasive Approach (GPA) 2025

Palliative (coping with Grief) 2025

Communicating about hospice palliative care (CLRI)2025

Palliative 3Building Relationships CLRI) 2025

Reference available upon request