

Oluwapelumi Oloidi

Patient Care Support/ Dementia Specialist/Caregiver

Delivering Compassionate/Personalized Care to enhance quality of life.

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SUMMARY

Compassionate and dedicated Personal Support Worker (PSW) and Professional Caregiver with over 5+ years of experience in long-term care, home care, retirement homes, and hospital settings. Skilled in resident-centred care, dementia support, and infection control. Passionate about enhancing seniors' quality of life by promoting independence, emotional well-being, and safety. Adept at assisting with activities of daily living (ADLs), medication management, and mobility support.

CORE SKILLS & COMPETENCIES

- ✓ Personal Care & ADL Assistance (Bathing, Grooming, Dressing)
- ✓ Dementia & Alzheimer's Support and One-on-One Resident Care
- ✓ Medication Reminders & Administration Assistance
- ✓ Palliative & Respite Care and Behavioral & Emotional Support
- ✓ Infection Control & Safety Protocols (IPAC)
- ✓ Mobility Assistance & Transfers (Ceiling Lifts, Hoyer & Sit-to-Stand Lifts, Ostomy Care)
- ✓ Meal Preparation & Dietary Monitoring
- ✓ Electronic Medical Records (EMR), MedeCare & Health Documentation
- ✓ Strong Communication & Team Collaboration Emotional & Social Support for Residents
- ✓ Fall Prevention & Risk Management
- ✓ Cultural Sensitivity & Client Advocacy

PROFESSIONAL EXPERIENCE

Personal Support Worker (PSW)

Senior Home Care By Angels | Cambridge, ON | 2025

- Provided personal care (bathing, dressing, grooming, hygiene) to 10 clients per shift.
- Logged vital signs (blood pressure, insulin monitoring) and maintained a weekly care log for the coordinator.
- Assisted with medication reminders and ensured adherence to prescribed schedules.
- Monitored residents' health and behaviour using DOS, promptly reporting changes to teams.
- Supported clients with disabilities in maintaining independence and engaging in activities.
- Ensured mobility using assistive devices and conducted daily safety reviews to prevent falls.
- Prepared and served nutritious meals based on dietary restrictions.
- Collaborated with healthcare teams to assess care needs and implement effective strategies.

Direct Support Worker / Frontline Support 2025

Elmira District Community Living ON

- Provided direct support to adults with developmental disabilities in residential and community-based settings, promoting dignity, independence, and quality of life
- Supported individuals with daily living activities, including personal care, meal preparation, medication reminders, and household routines.
- Utilized trauma-informed and strengths-based approaches to manage responsive behaviours and promote emotional regulation
- Maintained accurate daily documentation, incident reports, and communication logs in accordance with organizational and legislative standards.
- Assisted individuals with community participation, appointments, and social inclusion

activities.

- Ensured health, safety, and well-being through continuous monitoring, risk awareness, and adherence to policies and procedures

Client Services Support

Nigerian In the Region Of Waterloo (NIROW), Kitchener, ON. 2025

- Assisted youths with developmental disabilities in daily living, personal care, community integration.
- Encouraged skill-building and participation in recreational, educational, and social activities.
- Advocated for and supported clients' individual needs and goals through personalized service plans.
- Implemented effective, individualized behaviour management strategies to encourage client progress.
- Fostered a collaborative and inclusive environment, enabling clients to reach their full potential.
- Applied anti-oppressive practice and trauma-informed approaches to strengthen resilience.

Homemaker / Personal Support Worker | Bloomcare Agency (2024) | Kitchener, ON

- Assisted seniors and individuals with housekeeping, laundry, meal preparation, and home organization.
- Provided companionship and emotional support, reducing isolation and loneliness.
- Assisted with grocery shopping, errands, and transportation to appointments.
- Ensured safety and cleanliness by following infection control and fall prevention guidelines.
- Worked closely with families and care coordinators to develop personalized care plans.

Student Experience Mentor

Conestoga College, Kitchener, ON | Sep 2024

- Supported new students and promoted safety and well-being on campus
- Acted as a reliable point of contact for guidance and information
- Practiced active listening and communicated instructions clearly

EDUCATION & CERTIFICATIONS

CRADLE+ Dementia Care Certificate (2026)

Conestoga College – Kitchener, ON

Health Care Administration (2021)

Redeemers University Nigeria




Conestoga College – Kitchener, ON

Graduate Certificate, Wireless Network Infrastructure (2025)

Training and Certifications

- ✓ Ontario Human Rights Certification
- ✓ Ontario Competency Certification
- ✓ First Aid & CPR (Valid)
- ✓ Vulnerable Sector Check (Valid)
- ✓ Gentle Persuasive Approaches (GPA)
- ✓ WHMIS & IPAC Training

TECHNOLOGY & SOFTWARE

-  Electronic Medical Records (EMR) | PointClickCare (PCC) , MedeCare & Data Entry
-  Microsoft Office Suite (Word, Excel, Outlook, PowerPoint)
-  Health Information Systems