

Rita Ukachukwu

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Work Experience

Residential Support Worker

Brampton Caledon Community Living-Brampton, ON

September 2021 to Present

- Provide daily living support to residents, including personal hygiene, grooming, dressing, and meal preparation
- Assist individuals with physical and developmental disabilities in maintaining independence and quality of life
- Administer medications according to care plans and documents accurately
- Monitor residents' physical and emotional well-being, reporting changes to healthcare professionals
- Develop and implement individualised care plans in collaboration with multidisciplinary teams
- Support residents in social, recreational, and community activities

Direct Support Professional

Reena Foundation-Thornhill, ON

July 2009 to July 2021

- Worked with individuals with ADHD, Asperger, Autism, Down Syndrome
- Developed Individual Support Plan (ISP) with team
- Provided support and education to the individuals in various areas
- Developed programs and activities such as hygiene, transportation and feeding to promote independence
- Provided training to new staff about how to support individuals at the day program, including sharing their needs and safety concerns in a professional and confidential manner
- Communicated effectively with families, teachers and other community professionals around the needs of people
- Committed to supporting people with mental and physical disabilities to become more involved in their communities
- Accurately and confidentially completed essential paper work and record keeping
- Actively participated within a dynamic team environment

Education

Early Childhood Education (Diploma)

Humber College

2013 to 2015

Developmental Disability Counselor (Certificate)

George Brown College

January 2009 to June 2009

Communication Studies (Bachelor of Arts in Communication Studies)

University of Port Harcourt

2000 to 2004

Skills

- Developmental Disabilities Experience
- Autism Experience
- Well-developed skills in prioritizing, organizing, and decision-making
- Administrative Experience
- Sensitive in dealing with members of different cultural and racial backgrounds
- Curriculum Development
- Empathetic, flexible, and creative
- Special Needs
- Conflict Management
- prompting, positive reinforcement, shaping
- Behavior Management
- Experience Working With Students
- Medication Administration
- Experience with Children
- Able to work effectively in multidisciplinary teams
- Teaching
- Childcare
- Able to calmly handle stressful situations at school using positive behavioural intervention plan (PBIP)
- Standard First Aid CPR/AED Level C
- Special Education
- Trained in Applied Behavioral Analysis (ABA)
- Takes initiative, able to work independently
- Classroom Management
- Toddler Care
- Crisis prevention Intervention (CPI)