

## **KOMALPREET KAUR**

(647) 545-4477 , [nagrakomall42@gmail.com](mailto:nagrakomall42@gmail.com)

**Personal support worker (PSW)|Caregiver|Home & Community Care**

### **PROFESSIONAL SUMMARY**

Compassionate and reliable healthcare professional with hands-on experience providing personal care, emotional support, and daily living assistance to individuals of all ages. Skilled in safe patient handling, medication assistance, and supporting clients in homes, community settings, and clinical environments. Dedicated to delivering respectful, quality care while maintaining dignity, comfort, and safety.

### **SKILLS AND EXPERIENCE**

- **Personal Care Support:** Assist clients with bathing, grooming, dressing, toileting, feeding, and hygiene while ensuring dignity and comfort.
- **Mobility and Transfers:** Experience with safe lifting, repositioning, and supporting clients using walkers, wheelchairs, and transfer techniques.
- **Activities of Daily Living (ADLs):** Provide hands-on support with daily routines
- **Companionship and Emotional Support:** Offer encouragement, conversation, and a supportive presence for clients and families.
- **Medication Support:** Provide medication reminders and follow proper safety procedures. • **Infection Control & Safety:** Follow proper hygiene, sanitation, and safety standards to maintain a clean and safe environment.
- **Team Collaboration:** Work effectively with nurses, caregivers, and supervisors to provide coordinated

### **EMPLOYMENT HISTORY**

**Personal Support Worker (2026-present)**  
Rightsite Home Care , Wasaga beach, Canada

**Staff Nurse (2024-2025)**  
Dhami Hospital and Trauma Centre , Hoshiarpur, India

**Staff Nurse (2022-2023)**  
D.M.C Hospital – Tagore Nagar, Ludhiana, India

### **EDUCATION**

Bachelor of Science in Nursing  
Shri Guru Ram Dass College of Nursing, Hoshiarpur, Punjab, India 2017-2021

**Bridge to Healthcare program ( In Progress )**  
Job skills , Ontario , Canada

### **LANGUAGE COMPETENCIES**

English - Fluent ( reading , writing and speaking )  
Hindi and Punjabi ( Native language)

### **CERTIFICATIONS**

Licensed from Punjab Nurses Registration Council, Baba Farid University, India  
First aid and Basic life support (Red Cross Canada)  
CPR/AED (National CPR Foundation)  
WHMIS 2015 ( Worksite safety)  
WSPS Occupational Health & Safety Certificate