

# Simranjeet Kaur

|15 Leeward drive, Brampton, ON| (647)-535-4810 | [simranjeetkaur914@gmail.com](mailto:simranjeetkaur914@gmail.com) |

## SUMMARY OF QUALIFICATIONS

- Skilled nursing professional with a Bachelor of Science in Nursing and clinical experience in hospital settings in India.
- Expertise in personal support including hygiene care, mobility assistance, feeding, vital sign monitoring, and wound care basics.
- Certified in Advanced First Aid & CPR (Level C), WHMIS 2015, Paediatric Critical Care, and Safe Lifting & Mobility Training.
- Proficient in electronic health records (EHR) documentation, infection prevention and control protocols.
- Compassionate team player with excellent communication and interpersonal skills committed to high-quality, culturally sensitive patient care.

## EDUCATION

---

Bachelor of Science in Nursing (September 2019 – June 2024)

Rayat Bahra College of Nursing, Punjab, India

### Relevant Coursework

Fundamental of Nursing, Mental Health Nursing, Child Health Nursing, Community Health Nursing, Critical Care Nursing, Medical Surgical Nursing, Disaster Management Nursing.

## PROFESSIONAL EXPERIENCE

### Staff Nurse

Rana Hospital, Roper, Punjab, India

May 2024 – May 2025

- Delivered comprehensive patient care by assisting with bathing, grooming, dressing, toileting, and oral hygiene, ensuring dignity and comfort.
- Utilized safe patient handling techniques and assistive devices for transfers and mobility support, reducing fall risks and enhancing patient safety.
- Monitored vital signs such as blood pressure, pulse, temperature, and respiratory rate; documented findings accurately and promptly reported abnormalities to healthcare team.
- Performed basic wound care including dressing changes, cleaning, and observation for infection signs under supervision.
- Assisted with feeding and hydration, monitored nutritional intake, and identified swallowing difficulties to prevent choking or aspiration.
- Collaborated with interdisciplinary teams to develop and implement individualized care plans tailored to patient conditions.
- Adhered strictly to infection prevention protocols including PPE use, hand hygiene, and equipment disinfection to minimize healthcare-associated infections.
- Provided emotional support, counselling, and education to patients and families, helping to alleviate anxiety and promote wellbeing.

### Nursing Intern

Max Super Specialty Hospital, Mohali, Punjab, India

June 2023-December 2023

- Supported nursing staff in day-to-day patient care duties across medical-surgical and paediatric departments.
- Assisted patients with activities of daily living such as toileting, oral care, dressing changes, and personal hygiene, prioritizing patient comfort and independence.
- Accurately measured and recorded vital signs, inputting data into electronic health records under supervision, ensuring up-to-date patient information.
- Monitored patients for clinical changes and promptly escalated concerns to senior nurses, contributing to timely interventions.
- Participated in patient safety initiatives including fall prevention, medication safety, and infection control measures.

- Assisted in preparing patients and equipment for diagnostic tests and procedures, supporting smooth clinical operations.
- Provided post-discharge care instructions and health education to patients and families under nurse supervision.
- Maintained strict compliance with infection control protocols to ensure a safe care environment.

**Staff Nurse (Part-Time)**

**March 2020- May 2023**

**Seetal Clinic, Mohali, Punjab, India**

- Assisted with safe patient mobility and transfers, ensuring comfort and safety.
- Monitored and accurately documented vital signs and patient progress.
- Followed strict infection prevention and control procedures.
- Provided emotional support and fostered a compassionate care environment.
- Supported patients with hygiene, nutrition, mobility, and vital signs monitoring.
- Maintained patient confidentiality and adhered to infection control protocols.
- Collaborated with healthcare teams to support patient care plans.