



Soumya Mol C.S

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REGISTERED PRACTICAL NURSE (RPN)

Registration Number: BF188312

Professional Summary

Compassionate and dedicated healthcare professional with over 3 years of Canadian experience as a Personal Support Worker and extensive international experience as a Registered Nurse. Skilled in delivering patient-centered care, supporting clinical teams, and maintaining high standards of safety and hygiene. Strong ability to work in fast-paced environments with excellent communication and teamwork skills. Seeking to contribute to a New Graduate RPN Program in a hospital setting.

Core Competencies

- Patient care & Activities of Daily Living (ADLs)
- Vital signs monitoring & basic health assessment
- Safe patient handling & mobility assistance
- Infection prevention & control
- Electronic documentation & record keeping
- Team collaboration & communication
- Resident safety & emergency response
- Compassionate, culturally sensitive care

Professional Experience

Personal Support Worker (PSW)

Revera Inc., Canada

February 2019 – Present

- Assist residents with personal hygiene, grooming, feeding, and toileting
- Support safe transfers using Hoyer lifts, sit-to-stand, and ceiling lifts
- Observe and report changes in residents' physical and emotional condition
- Maintain accurate documentation of care and daily activities
- Promote independence, dignity, and quality of life for residents
- Collaborate with nurses and interdisciplinary teams to ensure quality care

Registered Nurse (International Experience)

S N Hospital, India

November 2014 – November 2017

- Provided direct patient care and monitored clinical conditions
- Administered medications and assisted with procedures
- Collaborated with multidisciplinary healthcare teams
- Maintained accurate patient records and documentation
- Assisted in emergency and critical care situations

Lakeshore Hospital, India

October 2013 – November 2014

Batra Hospital & Medical Research Centre, India

August 2011 – February 2013

Krishna Institute of Medical Sciences, Maharashtra, India

January 2010 – January 2011

Apollo Hospital, India

April 2009 – December 2009

- Provided bedside nursing care and patient monitoring
- Maintained accurate medical records and documentation
- Assisted in emergency and critical care situations
- Educated patients and families on care plans

Clinical Skills

Resident Care

- Assisted with bathing, dressing, feeding, and toileting
- Maintained assistive devices (dentures, eyeglasses, hearing aids)
- Supported mobility using walkers, wheelchairs, and canes
- Assisted with rehabilitation exercises

Care Planning & Documentation

- Monitored vitals, weight, and intake/output
- Documented care, incidents, and patient progress
- Reported changes in condition to nursing staff
- Collaborated with healthcare professionals and families

Education

Diploma – Personal Support Worker (PSW)

CIMT College, Canada — *October 2018*

Diploma – General Nursing & Midwifery

Tejaswi School of Nursing, Hyderabad, India — *2005 – 2009*

Additional Strengths

- Strong organizational and time management skills
- Ability to work independently and in team environments

- Adaptable and quick learner in clinical settings
- Committed to patient safety and quality care

References

Available upon request