

# Vishva Gosai

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## Career objective

Compassionate Personal Support Worker with experience providing high-quality care. Skilled in assisting with daily activities, personal hygiene, mobility, and emotional support. Dedicated to enhancing client well-being and ensuring comfort, dignity, and respect.

## Skills

- Personal Care Assistance – Bathing, grooming, dressing, and hygiene support.
- Mobility Support – Helping clients with mobility challenges, including transferring and positioning.
- Meal Preparation and Feeding – Preparing nutritious meals and assisting with feeding if necessary.
- Medication Management – Assisting clients with medication reminders and ensuring proper administration.
- Household Management – Light housekeeping, laundry, and organizing living spaces for a clean and safe environment.
- First Aid & CPR – Basic emergency response skills and knowledge of safety procedures.

## Work Experience

**Value Village - Waterloo, ON**

**08/2025 - Present**

**Role: Clothing Sorter Hanger (Production)**

- Set up and maintain product displays on the sales floor.
- Arrange clothing racks, shelves, and housewares by color, size, or category.
- Decorate sections according to holidays, seasons, or themes.
- Ensure signage, tags, and pricing are clear and consistent.
- Bring new items from the production area to the sales floor.
- Remove or rotate older stock as directed.
- Maintain full and organized racks and shelves.

**Chartwell Retirement Home– Waterloo, ON (Placement)**

**06/2025 - 08/2025**

**Role: PSW Trainee**

- Support clients with personal hygiene (bathing, grooming, dressing, toileting).
- Help with mobility and transfers, using proper body mechanics and assistive devices.
- Assist with feeding and hydration, ensuring dietary needs are met.
- Observe and report changes in clients' health or behavior to supervisors.
- Provide companionship and emotional reassurance.
- Encourage participation in recreational or social activities.
- Promote a respectful and inclusive environment.

**McDonald's - Stratford, ON**  
**Role: Crew Member**

**07/2023 - 08/2025**

- Provided exceptional customer service by taking accurate orders and ensuring prompt service.
- Operated kitchen equipment and prepared menu items according to company standards.
- Maintain cleanliness and organization in the dining area, kitchen, and restrooms.
- Worked collaboratively with team members to ensure smooth operations during busy hours.
- Resolved customer inquiries and complaints professionally, ensuring satisfaction.

## Education

Degree	Institution	Year of Completion	Grade/CGPA	Key Highlights
Personal Support Worker	A1 Global College	2025	75%	Personal care assistance, patient monitoring, mobility support
Clinical Research	Conestoga College	2024	3.84 GPA	Trained in clinical trial design, data management, and regulatory compliance.
Regulatory Affairs	Conestoga College	2023	3.77 GPA	Focus on global regulatory frameworks for pharmaceuticals, medical devices, and food products.
Master of Science (Organic Chemistry)	Swarnim Startup and Innovation University	2022	8.67 CGPA	Specialized in reaction mechanisms, synthesis techniques, and spectroscopic analysis.
Bachelor of Science (Chemistry)	Kadi Sarva Vishwavidyalaya	2020	8.42 CGPA	Studied analytical, physical, and inorganic chemistry with practical lab exposure.

## Certification

First-aid  
CPR  
GPA  
Covid-19 vaccine certificate  
Vulnerable police record check  
Current 2 step TB certificate

## Availability

Full time – weekdays, weekends, night shifts